This worksheet is designed for AQA GCSE psychology.

It should be completed alongside watching the psych boost video on www.psychboost.com or YouTube.

The AQA GCSE Psychology Specification..

Structure and function of the nervous system

The divisions of the human nervous system: central and peripheral (somatic and autonomic), basic functions of these divisions.

The autonomic nervous system and the fight or flight response. The James-Lange

the fight or flight response

Structure of the nervous system

The James-Lange theory of emotion